

Nicotine



The Hazards



The Hazards of Nicotine

Nicotine is one of over 4,700 toxic chemicals in a cigarette. According to the National Institute on Drug Abuse, nicotine is one of the most frequently used addictive drugs, resulting in over 440,000 smoking-related deaths in the United States each year. Cigarettes are easy to pick up, but quite difficult to put down. Each year 35 million people make a serious attempt to quit smoking and 90% of them never achieve their goal, because nicotine is so highly addictive.

Our lungs are lined with millions of air sacs that can readily absorb nicotine. Inhalation of nicotine through cigarette smoking is such an efficient delivery system of this narcotic that it hits your brain within 7 seconds. Nicotine, when first inhaled, briefly causes the smoker to feel awake and alert, leading to a feeling of calmness and relaxation. This is due to an elevation in endorphin levels. Endorphins are the body's natural pain reducers and pleasure catalysts. The over-production and outpouring of endorphins are what leads to the rush that a smoker experiences. Once a smoking habit is developed, more and more nicotine is needed to achieve the same pleasurable feeling, thus leaving the smoker addicted.

Freedom Laser Therapy puts people in touch with their natural ability to feel pleasure and reward without nicotine. This procedure may naturally stimulate your endorphin levels and may assist you in overcoming your physical addiction. In addition, we provide extensive knowledge on coping strategies to deal with the behavioral aspects of quitting smoking. A vitamin detoxification regimen will also aid in eliminating nicotine from the blood stream. It is our goal to free you permanently from your nicotine addiction, so you can live a happier and healthier lifestyle.

The Dirty Dozen – The Downside of Smoking

1. Risk of many serious illnesses
2. Yellow teeth, fingers, and complexion
3. Fatigue and lack of energy
4. Money wasted on cigarettes and health insurance
5. Premature aging
6. Loss of taste
7. Limited social choices
8. Disapproval from loved ones
9. Setting a bad example for children
10. Chronic cough
11. Shortened life span
12. Smelling like smoke

FREEDOM[™]
Laser Therapy, Inc.

Dedicated To Freeing

The World From

Nicotine Addiction[™]

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